Aim High, Work Hard, Dream BIG!





SPORTING EXCELLENCE

At **The Parkland Federation**, we work in close partnership with Albion in The Community. (Brighton and Hove Coaches). Alongside our talented team of teachers, they deliver a broad and balanced P.E curriculum to develop pupils' physical literacy (their agility, balance and coordination) as well as their life skills (their confidence, teamwork and resilience). Research clearly highlights that active children can achieve more. Higher attainment; excellent behaviour; better health - and ultimately a better quality of life. High quality P.E plays a huge role in shaping children's attitudes and behaviours towards their future health and emotional wellbeing and we're committed to providing the best possible experiences for them.

At Parkland, we also offer a wide range of sporting activities after school. These include football, rugby, tennis and basketball. The school site has two large playgrounds that can be utilised for games and skills requiring a court area and there is also a larger than average playing field equipped with a running track. We compete in several inter school tournaments throughout the year and have won many trophies, awards and accolades. Each term, teachers and coaches elect a 'Sports Person' of the Term in order to recognise a particular talent, skill or sporting quality that has been demonstrated during P.E. The school also invests in swimming lessons for all children in Key Stage 2. We aim to ensure that every child leaves the Primary Phase of their education being able to swim a minimum of 25m unaided - A critical skill due to our close proximity to the sea. We believe that when there is collaboration and teamwork, wonderful things can be achieved.







