



The Parkland Federation

Aim High, Work Hard, Dream Big

If you see someone without a smile, give them one of yours

30th September 2022

Dear Parents and Carers,

We hope you are enjoying the Autumn sunshine we have been having this week! We have certainly made the most of it at school with lots of outdoor activities!

We can't quite believe how fast the term is flying past with our harvest season almost upon us. Children have been practising lots of Harvest songs and you will have received separate information about harvest donations for our local Food Bank in the final week of term. Any help you can give us with supporting local families will be very much appreciated.

Our Term 1 parent consultations will take place after school on 18th and 19th of October. Information on booking your appointment will be with you shortly. This is an excellent opportunity to meet the teacher, celebrate your child's work with a cup of tea/coffee and spend some time in the classroom. If your child is on the SEND Register, you will receive information soon about Structured Conversations. These will take place at the beginning of Term 2.!

We are really looking forward to chatting with you!





EYFS

The past two weeks have flown by! We have been so proud of how well the children have settled into EYFS. The children have started learning single phonics sounds and we have been blown away by how well the children have been able to identify these sounds within our environment. We have also started to learn numbers through our 'number of the week.' So far, we have explored zero and one! In English, we have loved hearing all about the children's special treasures in their treasure chests and have started to think about what our adults at home are good at. The children have continued to enjoy exploring and engaging with the activities in the provision. Great work, EYFS! Congratulations to our Stars of the Week Sophia & Ellie (Kerr) and Charlie & Tyler (Inkpen) and also to our Dojo winners Liam & Elijah (Inkpen) Grace & Frankie (Kerr)

Year 1

Wow, what a start to the week with our fabulous 'Superhero Day' on Tuesday! The children (and staff) looked amazing in their costumes and we all took part in various 'Superhero' themed activities including an epic obstacle course in the hall.

We have also been looking at the seasons in Science and the Creation Story in RE. We have learnt our greater and less than symbols for Maths and have been comparing objects and numbers up to 10. We also became authors in our Writing sessions as we rewrote the story of Eliot Midnight Superhero. We explored timelines in history and created our own timeline of toys throughout the years.

Congratulations to our Stars of the Week Sehrish & Connor (Blake), Scarlett & Joseph (Donaldson) and also to our Dojo winners Teddie & Luca (Blake), Bea & Milo (Donaldson)

Year 2

What a wonderful week of learning we have had in Year 2! In English, we have been working on writing expanded noun phrases and have been using some adventurous adjectives. We have continued to consolidate our knowledge of place value in maths, raising our understanding of a two-digit number. We have been in fine voice while we have been preparing for the Harvest Festival - we are so impressed with how well the children have done with learning their songs!

During our PSHE lessons we have discussed rewards and sanctions with the children creating their own reward certificate and exploring how the Rainbow Rules help to keep us safe and happy.

Congratulations to our Stars of the Week Riley & Kyan (Beaty) and Aurora & Cayden (Santat) and also to our Dojo winners Lexie & Connor (Beaty) and Disath & Rose (Santat)



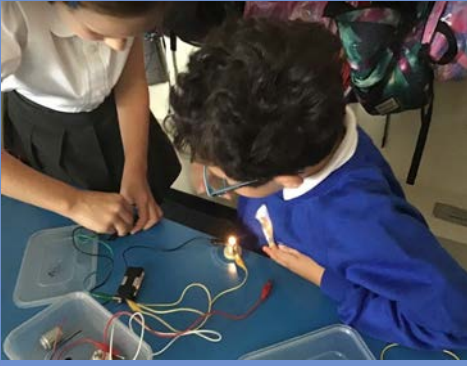
Year 3

Year 3 have have busy bees! In science, the children have set up their own class experiment to see what growing conditions plants will grow in and learning to develop a hypothesis based on their prior knowledge. In art, we have been looking at drawing techniques using different tools. We will then apply this to our harvest and jungle art. In RE, we have been learning about Diwali (the festival of light) and using puppets to retell the story of Rama and Sita. Continuing with our story about Buddy the orangutan, the children have been using a range of skills to help structure their sentences and build a bank of vocabulary in readiness for writing their own stories. We have also finished our unit on place value in Maths. The children have been using skills to partition numbers, identify values and order numbers on a number line.

Congratulations to our Stars of the Week Ruby & Remy (Harrison) & Lola & Pallavi (Woodson) and also to our Dojo winners Freya & Sienna (Harrison) & Olivia & James (Woodson)



Year 4



Year 4 has once again been busy with circuits! However, this week, the children have been investigating with a range of switches, bulbs, buzzers and motors. The children created their circuits with the necessary batteries and wires, choosing the additional parts they needed - it was fair to say that the buzzer was by far the favourite choice!



Year 4 brought history to life with the timeline activity they completed! The children were presented with a number of historical events which needed to be ordered. They could arrange them in the way they saw best which led to some very creative timelines being produced! Congratulations to our Stars of the Week Zara & Sophie (Blackman) Brody and Frankie (Walliams) and also to our Dojo winners Savannah & Paige (Blackman) Mia and Oscar (Walliams)



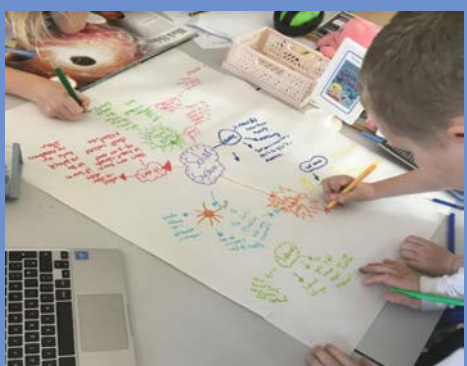
Year 5



Year 5 has had a fantastic two weeks learning all about the Solar system as part of our science topic! We have created our own solar systems to show the sun is at the centre of the universe with planets orbiting it, We even created our own human orbit!



In English, we are preparing to write an information text all about the solar system. We created a mind map to show what we have researched about the solar system and we have also created an information map to show our understanding of the text!



Congratulations to our Stars of the Week Bella Pay' and Henry (Wilson) and Alyssa and Lilly Fe' (Zephaniah) and also to our Dojo winners Stephan and Dante (Wilson) and Jack and Oscar (Zephaniah).

Year 6



What a busy two weeks Year 6 has had! Not only have the children been continuing to apply themselves in their lessons, but they have also had some important assessments. They will be tired this weekend!



In English, the children have been using a text map to recite a diary entry in order to help them with their sentence structures in preparation for their own writing. During our PE sessions, the children have been demonstrating their dancing skills by learning to dance the Lambeth Walk - they have been very impressive!

Congratulations to our Stars of the Week: Lucas and Shasmeen (Mian), Lewis and Jesse (Rosen) and also to our Dojo winners: Lucas and Logan (Mian), Elsie and Brooke (Rosen).

This Week's Attendance

Excellent attendance at school allows a child to have the best possible start in life. All pupils should aim for at least **97%** attendance in order to ensure they do not miss out on their education.

Inkpen Class (YR) 97%	Kerr Class (YR) 96%	Blake Class (Y1) 96%
Donaldson Class (Y1) 98%	Santat Class (Y2) 97%	Beaty Class (Y2) 96%
Harrison Class (Y3) 97%	Woodson Class (Y3) 94%	Walliams Class (Y4) 95%
Blackman Class (Y4) 97%	Zephaniah Class (Y5) 97%	Wilson Class (Y5) 95%
Mian Class (Y6) 93%	Rosen Class (Y6) 95%	Well done AGAIN, Donaldson Class!



Eco Committee

The Year 5 and 6 members of our Eco committee were invited to an **Environmental Conference** today to visit a site that is being developed for an Outdoor Classroom and viewing platform near Warren Hill car park. They participated in a range of activities at the site and joined Sir Tim Smit, Baroness Parminter and other members of the community as well as children from local Secondary schools. It was an exciting opportunity and the children were also invited to join Mrs Walker and Mrs Das at the Towner Gallery in Eastbourne. The people organising the event were keen to hear the views of Parkland's Eco Committee on the development plans and the children were able to provide so insightful suggestions.



We are currently creating 2 large seahorses that will be used at **future eco events** in Eastbourne. More exciting pictures to follow soon...

School Council

We are very excited to bring back our **Citizen of the Fortnight** this week... At the Junior School, it is **Oti** from Blackman class for all of the fabulous litter picking around her local area and her proactive approach to becoming more eco friendly! The 'Citizen of the Fortnight' at the Infant School is **Logan** from Beaty for looking after our new class member and being kind and helpful.



School Council members are currently busy planning for collecting food donations as part of our harvest celebrations. Please see the separate letter with more details.

New Playground Train at Parkland Infant School



We are delighted to have installed a new wooden train as part of our revamp of the infant playground. The children have absolutely loved playing on it and our After School Club and Breakfast Club pupils have enjoyed it too! Please help us to look after it by not allowing children to climb on it unsupervised before and after the school day. As with all of our equipment on site, this is for use during the school day when supervised by school staff. Thank you in advance for your support.

Uniform Expectations

Don't forget to ensure that your child attends school in the correct school uniform (including footwear) from September. The link can be found here: [Website - Uniform Link](#)

Please remember that children should not wear any jewellery other than stud earrings. Bracelets, rings and necklaces etc are not permitted for health and safety reasons. Thank you so much for ensuring the children look smart every day.



Helmets

It is wonderful to see so many children scooting and riding bikes to school. This really supports the promotion of keeping fit and healthy! Please could we ask that all children riding to school wear helmets in order to keep them safe. Figures compiled by RoSPA show head injuries are very common injuries to cyclists. Data from hospitals show 45% of child cyclists suffer head injuries in the event of an accident and three quarters of cyclist fatalities have major head injuries. Helmets reduce the risk of injury to the head and the brain by a substantial 65%-88%; and the upper and mid-face by 65%. Thank you for supporting us with this.



Punctuality and Attendance

As you know, our gates now open at the earlier time of 8.30am. [Registers are taken at 8.45am](#) so please ensure your child is in school in time for this. Our gates will close just before 8.45am each day and if you arrive late, please make your way to the main office to get signed in. Please do click on the following link for more information from the DfE. [Government Expectations - Attendance](#)



Homework

As you know, we are still seeing research which highlights that the recent pandemic continues to have an impact on children's learning. Missed opportunities for socialising as well as school closures have left gaps that we continue to fill in order to allow our children to catch up. With this in mind, we have launched a new homework protocol to compliment the learning happening each day in school. Please use the following link for further details. If you have any questions, please do not hesitate to contact your class teacher.

[Link to Parkland Homework Protocol](#)

HOMeWORK



Toys in School

A gentle reminder that toys are **not** permitted in school. This is to avoid upset if they are lost or damaged and loss of learning time while adults look for toys that are lost. We are aware that some children have specific needs and require a comforter or support for other additional needs and these will be provided by the school following advice from the Inclusion Team. If you feel your child has an additional need and requires additional support, please speak to Miss Jewell, Mrs Moran or Mrs Das. Thank you for your support.



TOYS

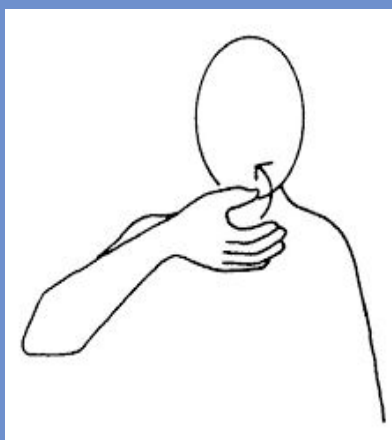
At Parkland, we are always looking at ways we can be more inclusive and are always striving to ensure our pupils are prepared to be successful citizens in the wider community. To develop this further, we have started to teach Makaton to the children. Makaton is a unique language programme that uses symbols, signs and speech to enable people to communicate. Each week, the children will be taught 3 or 4 new signs and symbols and will be encouraged to use these alongside their communication. Here are some of the signs we have learnt over the last few weeks!

Click on the sign to watch a video that shows the sign in action.

Toilet



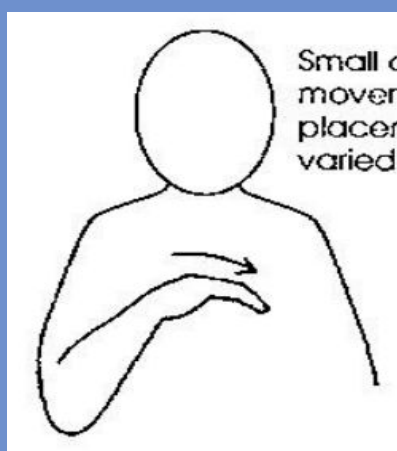
Drink



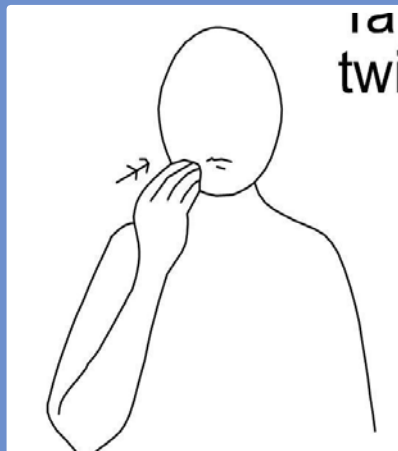
Drink of water



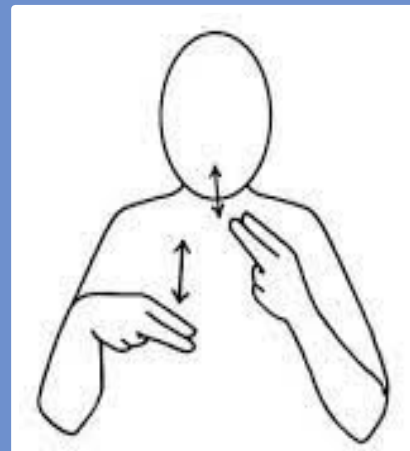
Home



Food



Dinner



Mental Health and Wellbeing Support



Swale
ACADEMIES
TRUST

CLICK
HERE



on Safeguarding For Parents Curriculum Health & Wellbeing Remote Education

A big thank you to the parents and carers who attended our first 'coffee and croissant' morning this week. This event was hosted by our family liaison officer, Dawn Wingett and our parent/carer support worker, Carly Norris. It was lovely to have an informal chat where we could share experiences, our worries and look at some top tips as well as enjoy a warm drink and croissant..



We hope to hold these sessions on a regular basis and everyone is welcome. Please look out for future dates.

openforparents.org.uk



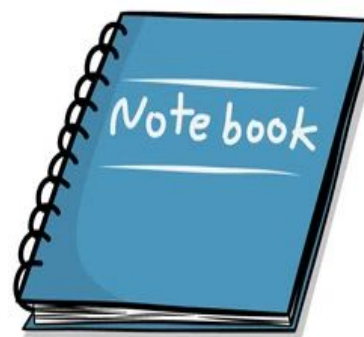
Open for parents.

[Open for Parents](https://openforparents.org.uk) is a website that signposts support for parents living in the local area. As well as providing advice on matters such as housing and finance, they also host Webinars on a wide variety of issues such as 'Dealing with disobedience' to 'Getting teens to cooperate'. [Click here](#) to find out more.

Important Dates and INFORMATION

Diary Dates

5th October 6th October	Y6 Heights, Weights & Measures Pupil Census Day
14th October	One Tree Day - Green Mufti £1 donation
W/C 17th October	Harvest Festival Week - collections for local Food Bank
18th & 19th October	Parent Consultations after school - Booking information coming soon
19th October	Whole School Flu Vaccines - make sure you have registered & given consent
20th October	Year 6 Newhaven Fort Trip
21st October	Year 3 Harvest Celebration for Year 3 Parents at St Mary's Church - 11am start
31st October	Deadline for YEAR 6 parents to apply for a secondary place
18th November	Children in Need - Mufti £1 Donation
22nd November	Van Cols - Infant pupil photos
23rd November	Van Cols - Junior pupil photos



Have you viewed the blog on our website yet? [Link to website blog](#)

10 tips for parents and carers

HOW TO BE GREEN WITH YOUR TECH

Right now, humans aren't living sustainably: we're taking too many resources and not leaving the world in a fit state for future generations. Old tech products are a clear example: if we throw them away, the poisonous lead and mercury inside can get into the food chain through the soil. Recycling tech, though, has its own issues: it's often exported to countries where the law doesn't protect people from hazards. Whole villages (including children) sort through discarded devices to remove useful parts and substances like gold, silver and copper – often putting their health at risk. Finding ways to re-use tech is the greenest option.

So what can we do with those cupboards and drawers full of old phones and unwanted computers?
Reuse, recycle, donate or sell them!

1 DONATE THEM TO CHARITY

There are lots of charities that redistribute unwanted tech to worthy causes, either in the UK or in developing nations. If your old products are still working, this is a great option – as it means that new products don't have to be made. Search online for your nearest place that does this.

2 REMEMBER THE BATTERIES

Almost all batteries can be recycled – even the little 'button' ones from smaller gadgets. You could choose a box at home or school to keep used batteries in, and then take them to a designated place that collects them. Be very careful, though – button cells can be deadly if eaten by small children or pets.

3 USE YOUR ONLINE SAFETY KNOWLEDGE

If you're recycling, selling or repurposing any of your devices, make sure that all your personal data, private photos and so on have been deleted before the tech leaves your hands or is connected online.

4 REUSE THEM

Old smartphones can be used as webcams, security cameras, baby monitors or pet cams: there are apps that will configure them to do this. You can also turn an outdated phone into a TV remote control, an alarm clock that wakes you up with your favourite track, or a media centre you can take to places where you wouldn't risk your new phone.

5 TURN IT INTO SOMETHING NEW

Smartphones are more powerful than most older computers. If you have an unwanted android phone, it's quite easy to create a new computer – you could use an old TV as a monitor, meaning you just need a mouse and keyboard. There are also small devices you can buy which let you do the same with iPhones.

6 RETURN THEM

Return devices to the manufacturer or retailer you bought them from. Some manufacturers take responsibility for their products and accept them back, to refurbish and redistribute. If they don't, you could contact them and ask why: the more consumer pressure there is on shops and manufacturers, the more likely they are to act in a greener way.

7 SUPPORT SCIENCE

Let your old devices help modern research. Scientists currently investigating topics like far-off star systems, cancer treatment and earthquakes need enormous computing power. If your unwanted device is WIFI enabled, for example, you can connect it to a network so that it can boost scientists' research.

8 SELL THEM

This is also a green option as it means that fewer devices have to be produced. On top of that, you could also donate some of the money you make to an environmental charity.

9 RESEARCH DISPOSAL METHODS

If your device is beyond repair and no one wants it, get rid of it safely through a specialist tech disposal company. Check that your device won't be shipped off to another country for processing.

10 KEEP THINKING

There's no such thing as 'too many' ways to help our planet! If you come up with a better idea than ours, contact National Online Safety and tell us.

Meet Our Expert

Neil Atkin teaches scientific literacy through his non-profit organisation, Rubbish Science, which engages people in working together to live more sustainably and creatively uses waste to help address real-life problems. There are a range of environmental activities you may like to try on their website: www.rubbishscience.com.



USEFUL LINKS Places to donate old electrical items: www.recycleyourelectricals.org.uk/donate-electrical-goods/ How to turn an old smartphone into a computer: www.makiaaoc.com/tag/ways-to-turn-smartphone-into-pc/
 The rules about shops' responsibilities on tech: www.gov.uk/electrical-waste-producer-supplier-responsibilities/ Two scientific research schemes which old devices can support: www.zooniverse.org/get-involved-and
www.watfone.co.uk/mobile/dreamlab/ Find your local tech recycling centre: www.recyclenow.com

NOS National Online Safety®
 #WakeUpWednesday

Tips for Supporting Children in DEALING WITH GRIEF

It's important that trusted adults feel able to help children and young people cope with grief – particularly at the moment, when we are a nation mourning the loss of a public figure who was treasured by so many. Children are seeing bereavement and sadness being featured heavily in the national news and in their favourite online spaces, and hearing it being talked about extensively among families and in the community. How can we help them in processing this healthily?

1 UNDERSTAND WHAT GRIEF IS

Grief is emotional distress which is a normal response to the death of someone close, well known or admired. It may feel overwhelming – especially for young people – and is often accompanied by feelings of shock, disbelief, anger or fear. These emotions may also mean that sleep, eating and our relationships with others could be affected.

2 MEET THE CHILD 'WHERE THEY ARE'

This could be a child's first experience of grief and loss – or conversely, they may have already encountered it several times. Make sure that any conversations you have with them, and the support that you give, are led by their experiences and their understanding of death – and in the context of their religious or community beliefs.

3 EXPLAIN CLEARLY WHAT DEATH IS

It may often feel uncomfortable, but it's healthier to actually use the words "dead", "death" or "died". Abstract explanations of death can frequently create even more confusion – particularly for younger children, who are still trying to grasp this complex (and possibly unfamiliar) concept.

4 BE PREPARED FOR QUESTIONS

On subjects such as this – especially when it involves a person who's well known to them – children and young people often have lots of questions, all at once. Sometimes, new queries about the issue will occur to them weeks after the event. Be ready to answer their questions as honestly as you can, using language that's appropriate for their age.

5 FIND WAYS TO REMEMBER THEM

It can help to talk to about the person who's died, even if that individual wasn't personally involved in the child's own life – such as a significant public figure, for instance. You and your child can discuss what that person meant to you, celebrate the things they achieved or go to a place where they can be remembered.

6 ENCOURAGE COPING STRATEGIES

You can help a child or young person to identify what their usual positive ways of coping are when they have overwhelming feelings. For example, do they find that talking with someone, drawing, going for a walk or listening to music help when they're feeling upset? These same activities could form an important part of the grieving process.

7 REACH OUT FOR SUPPORT

If a child or young person is struggling with grief to the extent that it's impacting on their everyday life, there are lots of expert organisations that you could reach out to for further help. Samaritans provides a listening ear for anyone in emotional distress; The Mix offers specialist support to people under 25; and Winston's Wish deals specifically with helping young people who are grieving.

SAMARITANS:
116 123

WWW.THEMIX.ORG.UK/GET-SUPPORT
0808 808 4994

WINSTON'S WISH:
08088 020 021

Meet Our Expert

Anna Bateman is passionate about placing prevention at the heart of every school, integrating mental wellbeing within the curriculum, school culture and systems. She is also a member of the advisory group for the Department for Education, advising them on their mental health green paper.



The National College®